# VMA, 5-HIAA and HVA IN URINE BY LC/MS

Code LC14610





CE This product fulfills all the requirements of Directive 98/79/EC on in vitro diagnostic medical devices (IVD).

The declaration of conformity (CE) is available upon request.





# INTRODUCTION

**Epinephrine (E), Norepinephrine (NE),** and **Dopamine** are the most important members of this family.

The biosynthetic pathway of catecholamines uses **L-tyrosine** as initial substratum. Chromaffin cells synthesize and store epinephrine in the adrenal medulla, while norepinephrine production occurs in the sympathetic nerve endings. Dopamine is above all a neurotransmitter in the CNS.



Figura 1: Biosintesi delle catecolamine

### Fig 1 : Biosynthesis of catecholamines

### CATABOLISM

The biological effects of catecholamines terminate rapidly by uptake into the symphathetic nerve endings. The major changes that occur in these sites include their transformation into meta-O-methylated and deaminated metabolites due to **Cathechol-O-methyltransferase (COMT)** and **monoamine Oxidase (MAO)** respectively and, finally, their conjugation with sulfate and glucuronide.

**Homovanillic Acid** is the major metabolite of **Dopamine** while **Vanillymandelic Acid** is the main metabolite of norepinephrine and epinephrine. (fig. 2)

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Figura 2: Metabolismo degli ormoni della midollare del surrene

Fig. 2: Metabolism of hormones of suprarenal medulla

### CLINICAL BACKGROUND

Catecholamines are often determined in urine for neurological diagnosis and for monitoring the response to therapy in illnesses like **pheochromocytoma** and **neuroblastoma**.

**Pheochromocytoma** is a catecholamine-producing tumor derived from adrenomedullary chromaffin cells. More than 90% appear to be benign. They are dangerous because of their capacity to store and release catecholamines in large amounts with subsequent production of alarming syndromes including sustained hypertension, resistant to conventional treatment, and hypertensive crisis with malignant hypertension and hypertensive encephalopathy. The diagnosis of pheochromocytoma is established by demonstration of increased urinary excretion of catecholamines or catecholamines metabolites, and their concentration is often determined in urine for monitoring the response to therapy. Correctly diagnosed and properly treated, pheocromocytoma is curable; misdiagnosed or improperly treated, it is fatal.

Neuroblastoma, the second most common solid tumor that occurs during childhood, may appear almost anywhere along the sympathetic nervous system chain. This tumor synthesizes and secretes catecholamines and metabolites like DOPA, dopamine, VMA, and homovanillic acid. Assays of urinary and plasma catecholamines are useful in establishing a diagnosis and following the results of treatment.

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PRINCIPLE OF THE METHOD				
The sample was diluted and injected into LC-MS/MS.				
RECOVERY:	52,8 - 84,4 %			
SENSITIVITY (LLOD):	Vanilmandelic 5-HydroxyIndo Homovanillic A	Acid leAcetic Acid .cid	0,008 mg/L 0,01 mg/L 0,03 mg/L	
MINIMUM CONCENTRATION ANALIZABLE (LLOQ):	Vanilmandelic Acid0,02 mg/L5-HydroxyIndoleAcetic Acid0,04 mg/LHomovanillic Acid0,1 mg/L			
LINEARITY:	Vanilmandelic Acid0,02 - 250 mg/L5-HydroxyIndoleAcetic Acid0,04 - 250 mg/LHomovanillic Acid0,1 - 250 mg/L			
NORMAL VALUES IN 24 H URINE:	Vanilmandelic Acid1,8 - 6,7 mg/24 h5-HydroxyIndoleAcetic Acid0,5 - 8,2 mg/24 hHomovanillic Acid0,5 - 6,2 mg/24 h			
Accuracy intra serie (relative error %)	Ci	Cs		
Vanilmandelic Acid:	0,4 mg/l	8,2 mg/l		
	11,79%	5,19%		
$\mathbf{A}_{\mathbf{a},\mathbf{a},\mathbf{v},\mathbf{a},\mathbf{a},\mathbf{v}}$	0:	0.		
Accuracy inter serie (relative error 70) Vanilmandelic Acid:		CS 8.2 mg/l		
	0,4 mg/i	0,2 mg/i		
	10,0176	4,7570		
Reproducibility intra serie (coefficient of variation %)	C LLOQ	Cm	CUP	
Vanilmandelic Acid:	0.02 mg/l	1.8 ma/l	13.9 mg/l	
	2.17%	4.32%	2.56%	
		,	,	
Reproducibility inter serie (coefficient of variation %)	C LLOQ	Cm	CUP	
Vanilmandelic Acid:	0,02 mg/l	1,8 mg/l	13,9 mg/l	
	8,32%	5,86%	6,05%	
Accuracy intra serie (relative error %)	Ci	Ce		
5-HvdroxvIndole Acetic Acid:		9.8 mg/l		
	7 48%	4 40%		
	7,4070	4,4070		
Accuracy inter serie (relative error %)	Ci	Cs		
5-HydroxyIndole Acetic Acid:	0,4 mg/l	9,8 mg/l		
	5,06%	3,47%		
Depreducibility intro paris (coefficient of you'stick 0/)		0		
<b>Exproducionity intra serie (coefficient of variation %)</b> 5-Hydroxylphole Acetic Acid:				
	0,04 mg/l	1,0 mg/l	13,5 mg/l	
	1,91%	2,24%	0,43%	

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Reproducibility inter serie (coefficient of variation	<u>on %)</u>	C LLOQ	Cm	CUP
5-HydroxyIndole Acetic Acid:		0,04 mg/l	1,6 mg/l	13,5 mg/l
		5,37%	4,98%	3,11%
Accuracy intra sorio (relativo arrar %)		<b>C</b> :		
Accuracy intra serie (relative error %) Homovanillic Acid:				
		1,0 mg/i	5,3 mg/i	
		7,12%	9,38%	
Accuracy inter serie (relative error %)		Ci	Cs	
Homovanillic Acid:		1,0 mg/l	5,3 mg/l	
		8,25%	7,08%	
Reproducibility intra serie (coefficient of variation	on %)		Cm	CUP
		0,1 mg/l	2,6 mg/l	14,4 mg/l
		7,97%	2,64%	1,21%
Reproducibility inter serie (coefficient of variation	on %)		Cm	CUP
Homovanillic Acid:	/0/	0.1 mg/l	2.6 mg/l	14.4 mg/l
		6,36%	3,53%	1,71%
Coefficient of Correlation R2 + Dev Std:		0,9974 <u>+</u> 0,0003 Vanilmandelic Acid 0,9970 <u>+</u> 0,0007 5-Hydroxyindolacetic Acid 0,9981 <u>+</u> 0,0013 Homovanillic Acid		
COMPONENTS OF THE KIT (100 TESTS)				
Reagent A – Internal Standard Solution	1 x 2 m	nl Ste	ore at -20 °C	
Reagent B – Diluting Solution	1 x 20	ml		
Calibrator in urine – Level 0	2 x 1 m	nl Ço	de LC77016	
Calibrator in urine – Level 1	2 x 1 m	(Pa nl Co	cked separately – s	ee data sheet)
	•	(Pa	cked separately - s	ee data sheet)
Calibrator in urine – Level 2	2 x 1 m	11 Co	de LC77016	
Calibrator in urine – Level 3	2 x 1 m	(Pa	icked separately – s	ee uata sneet)
			cked separately - s	ee data sheet)
Calibrator in urine – Level 4	2 x 1 m	nl Čo	de LC77016	· · · · · · · · · · · · · · · · · · ·
		(Pa	icked separately – s	ee data sheet)
Calibrator in urine – Level 5	2 x 1 m	nl Co	de LC77016	

Calibrator in urine – Level 6	2 x 1 ml	Code LC77016 (Packed separately – see data sheet)
Reagent M1 – Mobile Phase M1	Phase M1     1 x 500 ml       Phase M2     2 x 500 ml	(,
Reagent M2 – Mobile Phase M2		
All the recorded a	re ready to use and stal	h = 2 + c = c + 2 + 2 + c = c

All the reagents are ready to use and stable 3 years at 2-8  $^\circ\text{C},$ 

2 x 1 ml

(Packed separately - see data sheet)

Code LC77016

except the Reagent A that must be stored at -20 °C.

As regards the preservation method of the Lyophilized Calibration Standard, it is described in the dedicated technical sheet.

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CODE	DESCRIPTION	PACKAGING
LC77016	Calibrator in urine for Biogenic Amines	7 x 2 x 1 ml
LC77017	Control in plasma for Biogenic Amines - Level 1	5 x 1 ml
LC77018	Control in plasma for Biogenic Amines - Level 2	5 x 1 ml
LC77013	Control in plasma for Biogenic Amines - Level 3	5 x 1 ml
LC77019	Control in plasma for Biogenic Amines – Levels 1, 2 and 3	3 x 5 x 1 ml
SK14610	Starter kit for VMA/HVA/5-HIAA in urine	1 Pc
S959757902	Zorbax RRHD C18 (50 x 2,1 mm, 1,8 um) Analytical Column	1 Pc

# ACCESSORIES AND CONSUMABLES

#### Bibliography

1- Clinica Chimica Acta 398 53-56 ' HPLC-mass spectrometry method for quantitative detection of neuroendocrine 2- JALM 01:04 387-399 'Practical LC-MS/MS Method for 5-Hydroxyindoleacetic acid.'
 3- Current Opinions in Biotechnology 2017, 43:34-40 'The future of NMR-based metabolomics'

Chimica Clinica Acta, accepted manuscript 'Simple dilute-and-shot method for urinary vanilmandelic and homovanillic acid by liquid chromatography tandem mass spectrometry'

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### VMA/HVA/5-HIAA in urine by LC/MS





### MINIMUM INSTRUMENTAL EQUIPMENT REQUIRED

LC-MS/MS Triple Quadrupole with binary pump MRM mode, ESI negative

### **OPTIONAL EQUIPMENT**

Autosampler Operational Computer

### 24 H URINE COLLECTION PROCEDURE

24-hour urine must be collected into a container with 5 ml (Child) or 10 ml (Adult) of HCl 5 M for each urine litre. After collection, 10 ml of urine should be delivered to the lab with the indication of the total diuresis. Laboratory should verify that the delivered urine has a pH between 2.5 and 3.5. If the pH is > 7 the sample may not be suitable for testing. Delayed analyses require sample freezing at -20°C or less. Stable over 2 months.

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# ANALYTICAL PROCEDURE

STEP 1

Dispense in a vial:

- 180 µl of Reagent B Diluting Solution
- 20 µl of Reagent A Internal Standard Solution
- 20 µl of Calibrator (C0-C6)/Controls/Samples

Vortex for 10 sec.

N.B.: at this step the sample is stable 2 days at 2-8 °C

### INJECTION

• Inject 2 µl of solution in HPLC system.

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### VMA/HVA/5-HIAA in urine by LC/MS

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# HVA, 5-HIAA and VMA in LC/MS - Warnings

#### **COLUMN CONDITIONING**

Install the new analytical column Zorbax RRHD C18 (50 x 2,1 mm, 1,8 um), termostatated at 60 °C. Disconnect the detector and flux a solution of Mobile Phase M2 : Mobile Phase M1 (90 : 10 v/v) set flow at 400 ul / minute for 20 minutes. Condizionate the column with a solution of Mobile Phase M2 : Mobile Phase M1 (90 : 10 v/v) set flow at 400 ul / minute for 15 minutes. Don't recycle the washing solutions. Condizionate the column with a solution of Mobile Phase M2 set flow at 400 ul / minute for 15 minutes. Two injection of 50% Water HPLC grade / 50% Acetonitrile before proceeding to the analytical series.

#### It is NOT possible to make analysis at recycling phase.

If room temperature is > 20  $^\circ C$  store the Mobile Phase at 2-8  $^\circ C$  between an analytical session and another.

#### COLUMN CLEANING and STORAGE

Wash with a solution of Mobile Phase M2 : Mobile phase M1 (90 : 10 v/v) set flow at 400 ul / minute for 20 minutes. Store the column in this solution.

### INJECTION NEEDLE WASHING

Wash with a solution of Methanol :  $H_2O$  (85 : 15 v/v).

### PARAMETERS SET ON WATERS XEVO TQS MICRO

Capillary Voltage (kV)	3,0
Desolvation Gas (L/hour)	1000
Desolvation Temperature (°C)	600
Source Temperature(°C)	150

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### Fragmentations (optimized on TRIPLE QUADRUPOLE WATERS XEVO TQS MICRO)

Analyte	Transitions MRM	COLLISION ENERGY
	m/z	
HVA	181.0>121.9	15
5-HIAA	190>145.9	5
VMA	197.0>137.9	10
HVA-D5	186.0>142.0	6
5-HIAA-13C6	196.0>152.0	10
VMA-D3	200.0>137.0	18

### GRADIENT

Time (min)	% M1 (PUMP A)	% M2 (PUMP B)	FLOW (µl/min)
0	100	0	400
0.5	100	0	400
3.5	70	30	400
3.51	0	100	400
4.50	0	100	400
4.51	100	0	400
6.0	100	0	400

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### VMA/HVA/5-HIAA in urine by LC/MS



## VMA, 5-HIAA and HVA BY LC/MS (Reference Chromatograms)



050319 INJ 030 Smooth(Mn,2x3) CAL HPLC LOTTO 017		F3:MRM of 2 channels,E5 200.096 > 137.02
	VMAD3	3.622e+00
1	0.87	
	1720.37	
	36186.00	
80 -		
54 M.		
	( )	
1		
-		
1% -		
12	1 1	
1		
-		
-20		m
0.500 0.600 0.	700 0.800 0.900	1.000 1.100

Fig. 3 :	Urine Calibrator		
	R.T. 0.88	VMA	

Fig. 4 :	Urine Calibrator	
	R.T. 0.87	VMA-D3





### VMA, 5-HIAA and HVA BY LC/MS (Reference Chromatograms)



Fig. 5 :	Urine Calibr	ator
	R.T. 2.65	5-HIAA

Fig. 6 :	Urine Calibrator	
	R.T. 2.69	5-HIAA-13C6

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### VMA, 5-HIAA and HVA BY LC/MS (Reference Chromatograms)



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EUREKA LAB DIVISION S.r.I. via Enrico Fermi, 25 60033 Chiaravalle (Ancona) – Italy phone +39 071 74.50.790 fax +39 071 74.96.579 www.eurekaone.com www.eurekakit.com